



at NYU Shanghai

NYUSPS AT NYU SHANGHAI SELF-ASSESSMENT CHECKLIST

上海纽约大学NYUSPS英语能力自我评估表

(*参照欧洲共同语言参考标准CEFR)

This checklist describes English language skill achievements at three levels: Elementary, Intermediate and Advanced. To determine your current language skill proficiency, tick (✓) the boxes/statements that are true for you now. You will likely tick boxes in several columns because proficiency varies depending on the skill. To select an SPS course(s), focus on the one or two levels with the most ticks (✓).

Guidelines - For language learners who have not used English in a long time, please select courses at the Elementary level. For experienced language learners and people who use English on a regular basis, please select courses at the Intermediate level. For very experienced language learners or people who use English on a daily basis, you can select courses at the Intermediate or Advanced level.

测试说明：本表对英语初、中、高级三种程度的语言水平作出了描述。为了更好地进行语言能力评估，请在你能够做到的选项边打勾，如实回答。你打的勾可能会分布在不同等级，因为每个人的听说读写能力会有所不同。打勾数目比较多的等级，将是你所对应的可以报读的课程等级。

建议：如果您长期未使用英语，请选择报读初级课程。如果您有一定英语基础或经常使用英语，请报读中级课程。如果您的英语基础十分扎实或每日都会使用英语进行交流，请报读中级或高级课程。

欧洲共同语言参考标准(CEFR)	A1 等同于雅思3分水平	A2 等同于雅思4分 或 托福15-34分 水平	B1 等同于雅思5分 或 托福35-59分 水平	B2 等同于雅思6-7分 或 托福60-109分 水平	C1 等同于雅思8分 或 托福110-117分 水平	C2 等同于雅思9分 或 托福118-120分 水平
对应的上海纽约大学 NYUSPS英语课程等级	不适用于上海纽约大学 NYUSPS英语课程	初级	中级	中级	高级	高级
听力	<p><input type="checkbox"/> I can recognise familiar words and very basic phrases concerning myself, my family and immediate concrete surroundings <u>when people speak slowly and clearly.</u></p> <p><input type="checkbox"/> <u>当对方语速很慢且发音清楚时</u>, 我可以识别出自己所熟悉的基本词汇, 例如关于自己、家庭和周围环境的常用词语。</p>	<p><input type="checkbox"/> I can understand phrases and the highest frequency vocabulary related to areas of most immediate personal relevance (very basic personal and family information, shopping, local area).</p> <p><input type="checkbox"/> 我可以听懂与自己密切相关的短语和高频词汇, 例如关于自己与家庭的基本信息、关于购物、关于本地日常生活的常用词语。</p> <p><input type="checkbox"/> I can catch the main point in short, clear, simple messages and announcements.</p> <p><input type="checkbox"/> 我能够听懂简短、用词简单的信息。</p>	<p><input type="checkbox"/> I can understand the main points of clear standard speech on familiar matters regularly encountered at work or leisure.</p> <p><input type="checkbox"/> 对于日常生活及工作场合中遇到的清晰、标准的演讲, 我可以听懂大意。</p> <p><input type="checkbox"/> I can understand the main point of audio programmes on current affairs or topics of personal or professional interest <u>when the delivery is relatively slow and clear.</u></p> <p><input type="checkbox"/> 对于时事新闻, 或者与个人兴趣、专业领域有关的音频报道, <u>如果语速较慢, 发音清晰</u>, 我可以听懂大意。</p>	<p><input type="checkbox"/> I can understand extended speech and lectures and follow complex lines of argument provided the topic is reasonably familiar.</p> <p><input type="checkbox"/> 当涉及我比较熟悉的话题时, 我可以理解长篇演讲和讲座的内容, 以及对方想要传递的信息。</p> <p><input type="checkbox"/> I can understand most audio/visual news and current affairs programmes.</p> <p><input type="checkbox"/> 我可以大致听懂讨论当下时事的音频或视频节目。</p> <p><input type="checkbox"/> I can understand the majority of films in standard dialect.</p> <p><input type="checkbox"/> 如果电影中使用的是标准的英语(无口音), 我可以理解大部分的内容。</p>	<p><input type="checkbox"/> I can understand extended speech even when it is not clearly structured and when relationships are only implied and not signalled explicitly.</p> <p><input type="checkbox"/> 我可以听懂长篇演讲, 即使内容分散, 关联并不紧密。</p> <p><input type="checkbox"/> I can understand audio/visual programmes and films <u>without too much effort.</u></p> <p><input type="checkbox"/> 我可以很轻松地听懂音频、视频或电影内容。</p>	<p><input type="checkbox"/> I have no difficulty in understanding any kind of spoken language, whether live or broadcast, even when delivered at fast native speed, provided I have some time to get familiar with the accent.</p> <p><input type="checkbox"/> 只要有足够的时间了解一些特殊的口音, 我可以轻松地听懂各种形式的口语, 无论是现场还是播放模式, 即便是很快的适用于当地人的语速。</p>

<p>阅读</p>	<p><input type="checkbox"/> I can understand familiar names, words and very simple sentences, such as notices and posters.</p> <p><input type="checkbox"/> 我可以读懂我所熟悉的词汇、名字及非常简短的句子，例如通知、海报等。</p>	<p><input type="checkbox"/> I can read very short, simple texts.</p> <p><input type="checkbox"/> 我可以读懂简短的文本内容。</p> <p><input type="checkbox"/> I can find specific, predictable information in simple everyday materials, such as advertisements, menus and timetables.</p> <p><input type="checkbox"/> 我可以在简单的日常资料（例如广告、菜单、时刻表）中找到自己需要的信息。</p> <p><input type="checkbox"/> I can understand short, simple personal letters.</p> <p><input type="checkbox"/> 我可以读懂简短的个人信件。</p>	<p><input type="checkbox"/> I can understand texts that consist mainly of high frequency everyday or job-related language.</p> <p><input type="checkbox"/> 我可以读懂一篇主要由日常用语或工作常用语构成的文章</p> <p><input type="checkbox"/> I can understand the description of events, feelings and wishes in personal letters.</p> <p><input type="checkbox"/> 我可以读懂个人信件中对事件、感受及想法的描述。</p>	<p><input type="checkbox"/> I can read articles and reports concerned with contemporary problems in which the writers adopt particular attitudes or viewpoints.</p> <p><input type="checkbox"/> 我可以读懂讨论当下时事的文章和报告，并理解作者的观点和态度。</p> <p><input type="checkbox"/> I can understand contemporary literary prose.</p> <p><input type="checkbox"/> 我可以读懂当代的文学作品。</p>	<p><input type="checkbox"/> I can understand long and complex factual and literary texts, appreciating distinctions of style.</p> <p><input type="checkbox"/> 我可以读懂篇幅较长、用词较复杂的文学作品，可以辨别不同风格。</p> <p><input type="checkbox"/> I can understand specialised articles and longer technical instructions, even when they do not relate to my field.</p> <p><input type="checkbox"/> 我可以读懂专业文章或较长的技术说明书，即使是我所不熟悉的领域。</p>	<p><input type="checkbox"/> I can read with ease virtually all forms of the written language, including abstract, structurally or linguistically complex texts such as manuals, specialised articles and literary works.</p> <p><input type="checkbox"/> 我可以非常轻松地读懂各种形式的文本，包括抽象的、结构或词汇复杂的文章，例如使用手册、专业著作或文学作品。</p>
<p>口语</p>	<p><input type="checkbox"/> I can interact in a simple way provided the other person is prepared to repeat or rephrase things at a slower rate of speech and help me formulate what I'm trying to say.</p> <p><input type="checkbox"/> 我可以进行简单的交流，前提是对方可以放慢语速，重复或简化他所说的内容，并帮我把想表达的意思补充完整。</p> <p><input type="checkbox"/> I can ask and answer simple questions in areas of immediate</p>	<p><input type="checkbox"/> I can communicate in simple and routine tasks requiring a simple and direct exchange of information on familiar topics and activities.</p> <p><input type="checkbox"/> 我可以对我所熟悉话题套用一些语言格式，简单地进行交流。</p> <p><input type="checkbox"/> I can handle very short social exchanges, even though I can't usually understand enough to keep the conversation going myself.</p> <p><input type="checkbox"/> 我可以应对非常简短的社交对话，尽管由</p>	<p><input type="checkbox"/> I can deal with most situations likely to arise whilst travelling in an area where English is spoken.</p> <p><input type="checkbox"/> 在英语国家旅行时，我可以处理正常情况下会发生的事。</p> <p><input type="checkbox"/> I can enter unprepared into conversation on topics that are familiar, of personal interest or relevant to everyday life (e.g., family, hobbies, work, travel and current events).</p> <p><input type="checkbox"/> 当讨论自己所熟悉的内容时（如我的家庭、</p>	<p><input type="checkbox"/> I can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible.</p> <p><input type="checkbox"/> 我可以比较顺畅地与母语为英语的人士交流。</p> <p><input type="checkbox"/> I can take an active part in discussion in familiar contexts, accounting for and sustaining my views.</p> <p><input type="checkbox"/> 在讨论我所熟悉的话题时，我可以主动表达自己的想法。</p>	<p><input type="checkbox"/> I can express myself fluently and spontaneously without much obvious searching for expressions.</p> <p><input type="checkbox"/> 我可以非常顺畅地表达自己的想法，不需要太多思考的时间。</p> <p><input type="checkbox"/> I can use language flexibly and effectively for social and professional purposes.</p> <p><input type="checkbox"/> 无论是社交还是职业场合，我都可以灵活而有效地运用语言。</p> <p><input type="checkbox"/> I can formulate</p>	<p><input type="checkbox"/> I can take part effortlessly in any conversation or discussion and have a good familiarity with idiomatic expressions and colloquialisms.</p> <p><input type="checkbox"/> 我可以非常轻松地参与到任何形式的对话及讨论中，并且对习语及口语化表达非常熟悉。</p> <p><input type="checkbox"/> I can express myself fluently and convey finer shades of meaning precisely.</p> <p><input type="checkbox"/> 我可以很流畅地表达自己的想法，准确传达很细微的意思。</p>

	<p>need or on very familiar topics. <input type="checkbox"/> 我可以对非常熟悉的话题进行简短的即时问答。</p> <p><input type="checkbox"/> I can use simple phrases and sentences to describe where I live and people I know. <input type="checkbox"/> 我可以用简单的词组和句子描述自己住在哪里和介绍身边的人。</p>	<p>于我能听懂的内容有限而往往无法深入讨论。</p> <p><input type="checkbox"/> I can use a series of simple phrases and sentences to describe my family and other people, living conditions, my educational background and my present or most recent job(s). <input type="checkbox"/> 我可以用一系列简单的词组和句子表达与我相关的事情，例如我的家庭、居住环境、教育背景及我的工作等。</p>	<p>兴趣爱好、工作、旅行及时事)，我可以在没有准备的情况参与沟通。</p> <p><input type="checkbox"/> I can connect phrases in a simple way in order to describe experiences and events, my dreams, hopes and ambitions. <input type="checkbox"/> 我可以组织简单的语言，介绍我的经历、我的梦想等。</p> <p><input type="checkbox"/> I can briefly give reasons and explanations for opinions and plans. <input type="checkbox"/> 对我的想法和计划，我可以简单地进行补充和解释。</p> <p><input type="checkbox"/> I can narrate a story or relate the plot of a book or film and describe my reactions. <input type="checkbox"/> 我可以简述一个故事，或是一本书或电影中的某个片段，并说出我的想法感受。</p>	<p><input type="checkbox"/> I can present clear, detailed descriptions on a wide range of subjects related to my field of interest. <input type="checkbox"/> 在讨论我所感兴趣的领域时，我可以作清晰、细致的描述。</p> <p><input type="checkbox"/> I can explain a viewpoint on a topical issue giving the advantages and disadvantages of various options. <input type="checkbox"/> 我可以对一些热门话题表达自己的观点，例如说出它的利与弊。</p>	<p>ideas and opinions with precision and relate my contribution skilfully to those of other speakers. <input type="checkbox"/> 我可以准确表达自己的想法，并且很自然地与其他人交流。</p> <p><input type="checkbox"/> I can present clear, detailed descriptions of complex subjects integrating sub-themes, developing particular points and rounding off with an appropriate conclusion. <input type="checkbox"/> 围绕复杂的话题，我可以通过清晰细致地叙述，进行主题归类、观点拓展最后作出合理的总结。</p>	<p><input type="checkbox"/> If I do have a problem I can backtrack and restructure around the difficulty so smoothly that other people are hardly aware of it. <input type="checkbox"/> 即使我有困难，我也会很快地进行弥补并重新表达自己的意思，他人几乎无法察觉。</p> <p><input type="checkbox"/> I can present a clear, smoothly-flowing description or argument in a style appropriate to the context and with an effective logical structure which helps the recipient to notice and remember significant points. <input type="checkbox"/> 我可以非常流畅、清晰、用语合适、富有逻辑地表达自己的想法，让听者轻松理解并记住我的重点。</p>
<p>写作</p>	<p><input type="checkbox"/> I can write a short, simple postcard for sending holiday greetings. <input type="checkbox"/> 我可以写简短的明信片，表达节日问候。</p> <p><input type="checkbox"/> I can fill in forms with personal details, for example entering</p>	<p><input type="checkbox"/> I can write short, simple notes and messages. <input type="checkbox"/> 我可以写简短的便条。</p> <p><input type="checkbox"/> I can write a very simple personal letter,</p>	<p><input type="checkbox"/> I can write simple connected text on topics which are familiar or of personal interest. <input type="checkbox"/> 我可以围绕自己熟悉或感兴趣的话题，写出简单、连贯的句组。</p> <p><input type="checkbox"/> I can write personal letters describing</p>	<p><input type="checkbox"/> I can write clear, detailed text on a wide range of subjects related to my interests. <input type="checkbox"/> 我可以围绕自己感兴趣的诸多话题，写出清晰、详细的段落。</p> <p><input type="checkbox"/> I can write an essay or report, passing on</p>	<p><input type="checkbox"/> I can express myself in clear, well-structured text, expressing points of view at some length. <input type="checkbox"/> 我可以写一篇较长的、逻辑清晰的文章，来表达自己的观点。</p> <p><input type="checkbox"/> I can write about complex subjects</p>	<p><input type="checkbox"/> I can write clear, smoothly flowing text in an appropriate style. I can write complex letters, reports or articles which present a case with an effective logical structure which helps the recipient to notice and remember significant points.</p>

	<p>my name, nationality and address on a hotel registration form.</p> <p><input type="checkbox"/> 我可以填写有关个人信息的表格，例如在酒店登记表上填写姓名、国籍、地址等。</p>	<p>for example thanking someone for something.</p> <p><input type="checkbox"/> 我可以写非常简单的个人信件，例如因某事对某人表达感谢。</p>	<p>experiences and impressions.</p> <p><input type="checkbox"/> 我可以写表达自己个人经历及感受的信件。</p>	<p>information or giving reasons in support of or against a particular point of view.</p> <p><input type="checkbox"/> 我可以通过写文章或报告来传递信息，或者解释自己支持或反对某一个观点的理由。</p> <p><input type="checkbox"/> I can write letters highlighting the personal significance of events and experiences.</p> <p><input type="checkbox"/> 我可以在信件中，突出描述个人经历或主要事件。</p>	<p>in a letter, an essay or a report, underlining what I consider to be the salient issues.</p> <p><input type="checkbox"/> 我可以写比较复杂的信件、文章或报告，突出强调我的个人观点。</p> <p><input type="checkbox"/> I can select a style appropriate to the reader in mind.</p> <p><input type="checkbox"/> 我可以为不同的读者，运用不同的写作风格。</p>	<p><input type="checkbox"/> 我可以选用适合的风格，清晰顺畅地撰写复杂书信、报告或者文章。层次分明、条理清晰、要点突出。</p> <p><input type="checkbox"/> I can write summaries and reviews of professional or literary works.</p> <p><input type="checkbox"/> 我可以为一篇专业论文或文学作品写摘要或评论。</p>
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