Concert Venues

1. Shanghai Oriental Art Center
   http://en.shoac.com.cn/
   No.425 Ding Xiang Rd., Shanghai China 200135 (Lujiazui Financial & Trade Zone)
   Tel: 4006-466-406 / 86-21-68541234

2. Shanghai Grand Theatre
   www.shgtheatre.com
   Add: No.300 Renmin Avenue, Shanghai, 200003 (People's Square)
   Tel: 8621-63868686

3. Shanghai Concert Hall
   Website: www.shanghaiconcerthall.org
   Add: No.523 East Yan'an Road, Shanghai, 200021 (Dashijie Stop Line 8)
   Tel: +86-21-8386-6666

4. Shanghai Culture Square
   www.shculturesquare.com
   Add: No.36 Yongjia Road, Shanghai, 200020 (South Shaanxi Rd. Stop, Line 10)
   Tel: +86-21-5461-9961

Museums

1. Shanghai Science and Technology Museum
   www.sstm.org.cn/
   Add: No.2000 Century Avenue
   Tel: 86 21 6862 2000 ext. 6888

2. Shanghai Museum
   www.shanghaimuseum.net/en/index.jsp
   Add: No.201 People's Avenue
   Tel: 86 21 6372 3500 ext. 132

3. Power Station of Art
   www.powerstationofart.com/en/
   Add: No.200 Huayuangang Road
   Tel: 86 21 3110 8550

4. China Art Palace
   www.sh-artmuseum.org.cn/
   Add: No.205 Shangnan Road
   Tel: 86 21 2025 2018

5. Aurora Museum
   www.auroramuseum.cn/en/
   Add: No.99 Fu Cheng Road, Pudong
   Tel: 021-5840-8899

6. MOCA Museum
   www.mocashanghai.org
   Add: No.231 West Nanjing Rd (inside People's Park)
   Tel: 8621-63279900

7. Liu Li Museum
   www.liulichinamuseum.com
   Add: 2f, No.25 Taikang Road, Shanghai
   Tel: 8621-64672268

8. Wushu Museum
   www.wushumuseum.com
   Add: No.399 Changhaid Rd., Yangpu, Shanghai
   Tel: 8621-51253386

9. Long Museum
   a. Pudong: LONG MUSEUM, No.210, Lane 2255, Luoshan Road, Shanghai. Tel: 021-68778787
   b. West: 3398 Longteng Avenue, Xuhui District Shanghai.
   Tel: 021-64227636

10. Himalayas Art Center
    http://www.himalayasart.cn/en/
    Add: No. 869, Yinghua Rd., Pudong District, Shanghai
    Tel: 021-50339801
Health Services

1. Shanghai East Hospital, ER
   Add: No.150, Jimo Road
   Tel: +86-21-3880-4518
2. Parkway Health
   www.parkwayhealth.cn
   Tel: +86-21-6445-5999
   Note: Call for appointment at the most convenient clinic and time.
3. Shanghai United Family Hospital
   http://shanghai.ufh.com.cn/
   Tel: +86-21-400-639-3900
   Note: Call for an appointment

Pharmacies

1. NEPSTAR DRUGSTORE
   Add: No.398 Pudian Road
   Tel: +86-21-5015-6626
   Near Academic Building (Business Hours: 8:00 am - 10:00 pm)
2. NEPSTAR DRUGSTORE
   Add: No.276 Yushan Road
   Tel: +86-21-6853-7491
   (Business Hours: 8:00 am - 10:00 pm)
3. Parkway Community Pharmacy
   www.parkwaycommunitypharmacy.com/
   Add: 9-B101A, Green Garden 333 Bi Yun Road (Near Jinqiao)

Fitness Centers

1. Yuanshen Sports Center
   Add: No.655 Yuanshen Road
   Note: Athletic complex with swimming, tennis, badminton, basketball, soccer, etc.
2. Alexander Health Club
   Add: No.555 Zaozhuang Road near East Boshan Road
   www.alexander.cn
   Tel: 13818655501
3. Star Gym (Yuanshen subbranch)
   Add: No.1458 Yuanshen Road 4-5 floor of Yuanshen Sports Stadium
   www.stargym.com.cn
   Tel: 13817612235
4. Star Gym (Boshan subbranch)
   Add: No.815 Boshan Rd Near Jinqiao Road
   www.stargym.com.cn
   Note: NYU Shanghai special: 1180 RMB/year
5. Will’s Gym (Hongjia subbranch)
   Add: No.388, Fushan Rd near Dongfang Road
   www.willsfitness.net
6. Gaodian Bowling and Billards
   Add: No.3611 Zhangyang Road
   www.sh-hipoint.com/fendian.aspx
7. Luhan Middle School, Badminton Court
   Add: No.1288 Jinqiao Road
   www.hslh.pudong-edu.sh.cn
8. Indoor Basketball in Jinqian Square
   Tel: 86-21-2023-3158
9. Changdao Badminton hall
   Note: 40 yuan per court but if you buy over 500rmb, you pay 35 yuan per court

Supermarkets

1. Carrefour
   www.carrefour.com.cn
   Add: No.555, Biyun Road 碧云路 555号
   Near Jinqiao Residential Hall
   Hours: 7:30 am - 10:00 pm
2. Lotus
   www.cplotus.com
   Add: No.2128 Middle Yanggao Road,
   Hours: 10:00 am - 10:00 pm
   Department Store - Supermarket/ good mix of western and Chinese groceries as well as household and electrical goods”
3. Lotus
   www.cplotus.com
   Add: No.1126-1128 North Yanggao Road
   Hours: 7:30 am - 10:00 pm
4. Century Mart
   Add: No.357 Pudian Rd. (Pudian Rd. Stop, Line 4&6)
   Phone: +86-21-6876-9925
   Hours: 7:30 am - 10:00 pm
5. City Shop
   Add: NO. 480 Hongfeng Road (Near Jinqiao)
   City shop has an extensive range of imported foods and daily necessities from around the world.
Delivery Service

1. DHL
   www.cn.dhl.com/en.html
   Tel: +86-800-810-8000
   Off during the Spring Festival
2. UPS
   www.ups.com/content/cn/en/contact
   Tel: 400-820-8388
   Off during the Spring Festival
3. EMS
   www.ems.post/operators
   Tel: 11183 (9:00 am – 6:00 pm)
   No off during holiday
4. STO Express
   www.sto.cn
   Tel: 400-889-5543 (9:00 am – 6:00 pm)
   No off during holiday
5. SF Express
   www.sf-express.com/hk/en
   Tel: 4008 111 111 (9:00 am – 6:00pm)
   No off during holiday

Transportation

1. Shanghai Railway International Travel
   www.srtg.com.cn
   Add: No.1071, Zhangyang Road
   Tel: +86-21-6867-2066
2. Explore Shanghai by bus - cheap & easy
   http://msittig.wubi.org/bus/ or download the App $129
   Buses cost from 1-2 RMB, they are very convenient and announce the next stop in Chinese and English. I recommend that you check the closes bus stop for the numbers and then check the website. If you use google maps and select public transport, it will also tell you the bus number. Buses run later than the subway, are clean and very reliable. A bit crowded on the weekend and at peak times. If it is raining or just cannot find a taxi, a bus will get you closer to where you want to go!

Social Service Agencies

1. Lifeline Shanghai (English Only)
   www.lifeline-shanghai.com
   Tel: +86-21-6279-8990
   Hours: 10am-10pm
   Lifeline Shanghai provides free, confidential, and anonymous emotional support via telephone 10AM to 10PM, 365 days a year.
2. Gender In China 女权之声
   http://weibo.com/genderinchina
   http://www.douban.com/people/Women-Voice/
   Tel: +86-10-3480-8179
   Email: genderwatchchina@gmail.com
   Based in Beijing but very actively providing workshop/speech all over China

Vegan

1. Gong de Lin or GODLY Restaurants - Buddhist Cuisine
   Buddhist- since 1922- pretty cheap, fun experience - check the google for other branches of this restaurant. Vegan food created to taste like meat. Highly recommend the vegetable dumpling soup- 30Rmb for a big bowl
   Opening hours: Daily 11:00-14:00, 17:00-22:00
   Add: No.445 Nanjing Xi Lu, near Chengdu Bei Lu, Huangpu District, Shanghai
   Tel: +86-21-6327-0218
2. iVegan (Pudong)
   Add: No.87 Song Lin Road, Pudong (near Zhang Yang Road)
   Tel: 86-21-5058-6016
3. Kate & Kimi
   This is an Online veggie grocery store which delivers all over Shanghai from Monday to Sunday.
   www.kateandkimi.com
   Tel: +86-21-6167-1620

Travel

1. TripAdvisor - A website helps you book and plan your trip
   http://www.tripadvisor.com/
2. Ctrip – book train & flight tickets, hotels and vacation
   http://english.ctrip.com

Services for Expats in SH

Shanghai Call Center
Tel: 962288
The center offers free information consultation services all the year around in 10 languages. The information is involved in basic facts, entry and exit, education, investment, foreign trade, transportation, justice and public health in Shanghai. The center also provides a free emergency translation service for foreigners.

Travel
Methodist

Moore Memorial Church (Mu En Tang)
316, Xizang zhong Rd, close to Hankou Rd, Huangpu District
Transportation: People's Square Station of Metro Line1/Line2/Line8.
Tel: 021-63225069
Hours: Sun 07:30, 09:00, 14:00, and 19:00

Christian

Abundant Grace Church (Hong En Tang)
455, Hongfeng Rd, close to Mingyue Rd, Pudong New District
Tel: 021-50307556
Services are Sundays at 15:00.
Abundant Grace International Fellowship is also known as the English Service of Hong En Church.

Protestant

Shanghai Community Church (Guo Ji Bai Tang)
53, Hengshan Rd, close to Wulumuqi Rd S, Xuhui District
Transportation: Hengshan Rd Station of Metro Line1.
Tel: 021-64376576

Catholic

1. **St. Joseph's Church (Sheng Ruo Se Tang)** (English Speaking Roman Catholic Parish)
   Add: No.36, Sichuan Rd S., close to Jinling Rd E, Huangpu District
   Tel: +86-21-6328-0293
2. **St. Francis Xavier Church (Sheng Fang Ji Ge Sha Wu Lue Tang)** (English Mass Available)
   Add: No.185, Dongjiadu Rd, close to Wanyu Street, Huangpu District
   Tel: +86-21-6378-7214.
   English Mass Time: Monday at 07:00, Tuesday-Friday at 12:30, Saturday at 17:00 and Sunday at 10:30 and 12:30
3. **St. Peter's Church (Sheng Bo Duo Lu Tang)**
   (English, Korean, French, and German Masses available)
   Add: No.270, Chongqing Road S., close to Fuxing zhong Rd, Huangpu District
   Tel: +86-21-6467-0198, 6767-8181
   Open: 08:30-20:30
   English Masses: Sat 17:00, Sun 12:00

Jewish

1. **Chabad Jewish Center of Pudong**
   www.jewishpudong.com
   Add: Villa # 69, 2255 Luoshan Road, Pudong Shanghai, 200235, PR China
   Tel: +86-21-5878-2008
2. **Kehilat Shanghai**
   www.kehilatshanghai.org
   Email: info@kehilatshanghai.org
   Or Follow Facebook page facebook.com/KehilatShanghai
3. **Moishe House Shanghai**
   www.moishehouse.org/houses/shanghai
   Wechat: moishehouseshanghai
   Facebook: Moishe House Shanghai

Buddhism

1. **Jade Buddha Temple**
   Add: No.170 Anyuan Road
   Tel: +86-6266-7647
   Hours: 8am-12pm, 1-5pm
2. **Sanwei Temple**
   Add: No.107 Dong Jiangyin Road
   Tel: +86-21-6377-2722
3. **Long Hua Temple**
   Add: No.2853 Longhua Road
   Tel: +86-21-6456-6085

Taoism

1. **Bai Yun Taoist Temple**
   Add: No.8 Lane 100 Xilin Hou Lu
   Tel: +86-6387-6402

Islam

1. **Shanghai Xiaotaoyuan Mosque**
   Add: No.52 Xiaotaoyuan Street, Xangshi District, Shanghai. The Xiaotaoyuan Mosque is the largest mosque in the city.
2. **Shanghai Pudong Mosque**
   Add: No.375 Yuansheng Road, Pudong District, Shanghai
3. **Shanghai Fuyou Road Mosque**
   Add: No.378 Fuyou Road, Shanghai