

2019-  
2020

# NYU SHANGHAI PACKING LIST



RESIDENTIAL LIFE  
DEPARTMENT  
NYU SHANGHAI

# CLOTHING:



## Description:

**Clothing & shoes for big & tall students:** Most clothing here runs small, so the average L will be more like what you expect from an M, and the average M will be more like what you expect from an S. Body shapes are different too, so sometimes garments just won't fit like you expect them to.

-Please do consider packing some winter & summer clothes in case you find it hard acquiring your right size here.

-There is a significant number of malls and stores where you can buy clothes in Shanghai or alternatively buy them online. You can find clothes over a large range of prices.

## SIZE • FASHION



## Average Temperature:

Spring and Fall:

26 - 30°C.

78.8°F- 86.0°F

Summer:

30 - 35°C.

86°F- 95°F

Winter:

3 - 7°C.

37.4°F - 44.6°F

Consider bringing:

Rain Gear, summer and Winter clothing.

# ELECTRONICS:



China's Socket Plug-ins: 200V, 10A

## Description:

**Unlocked GSM cell phone:** Networks in China use SIM card-based GSM phones (not CDMA phones). Make sure the cell phone you bring accepts a SIM card and is unlocked.

The phone will only work with Chinese mobile service providers once it is unlocked.

**Side note: Check out your options for unlocking your phone first.** In case you can't unlock your phone prior to coming here, during orientation or your stay in Shanghai, you can visit mobile shops and request if they can have your phone unlocked. Chinese classmates can guide you through this process.

### China Electronics are 220V

1 - 2 voltage converters (aka transformers, only necessary for 110v-only devices like some blow-dryers and other bathroom/kitchen appliances)

# PHONES • ACCESSORIES



## Electronics malls:

### Apple Stores:

- 999 Huaihai Middle Rd, Shanghai Shi, China, 200000
- 8 Century Ave, LuJiaZui, Pudong Xinqu, Shanghai Shi, China, 200120

### Android Store:

339 Caoxi N Rd, XuJiahui, Xuhui Qu, Shanghai Shi, China, 200000



# TOILETRIES:



## Description:

You can buy these things in some convenient stores and extensive malls here in Shanghai. However, if you prefer specific brands, it would be hard to find exactly what you need hence you'd better bring them with you.

### **Important Thing to Note:**

All the residents need to move out of their rooms after a year, you might not want to bring so many things with you.

# DEODERANTS

# TAMPONS



Jinqiao Plaza next to the Residential halls.

## Average Prices:

Tooth brushes: 10 – 35 Yuan  
Tooth paste: 20 – 50 Yuan  
Body wash: 25 – 70 Yuan  
Shampoo&Conditioners: 30 – 70 Yuan  
Laundry Detergents: 35 - 80 Yuan  
Towels: 40 Yuan and Above.

The above prices are the optimal range of prices so you might find some toiletries to be cheaper or more expensive than the suggested prices especially if you are looking for a specific brand.

# MEDICATIONS:



NYU Shanghai Health and Wellness Center.

## Description:

It is very difficult to purchase imported medicines in China.

If you are taking regular medication, please bring enough supply of prescription medication that you need.

Additionally, bring written prescriptions including the chemical name (preferably in English) to show to your new doctor in Shanghai. Please do not ship.

If your doctor cannot provide you with enough supply, please email [shanghai.studentlife@nyu.edu](mailto:shanghai.studentlife@nyu.edu), local staff can help check on availability of medication in China.

# COSMETICS

# • HYGIENE



## Specific brands:

If You favor a specific brand for the following products, consider packing a semester supply;

Sunblock, Hand Sanitizers, Lotions/facial Moisturizer, Perfume/ Cologne, Makeup, Aftershaves, Disinfectant wipes, Vitamins, Nail manicure set, Any cosmetics/medicines you will need.

# What Not To Bring:

- **Furniture** (except small book shelves)  
Each room is furnished with a bed, desk, desk chair, and closet for clothing for each student. Personal furniture may not be added. If a student requests or requires special furniture to accommodate a disability, a written request must be received by the Moses Center for Students with Disabilities in accordance with the Request for Special Accommodation process. Medical documentation is required to support the request. A small media stand, bookcase, or nightstand is permissible if the total dimensions of each piece do not exceed 2 meters. Total meters can be calculated by adding the longest width, the longest height, and the longest depth together when fully extended (such as legs or sides).
- **Air Conditioners** (provided in each room)
- **Candles or Incense**
- **Drugs and Other Controlled Substances Without Prescription**
- **Electric Blankets, Pads and Heaters**
- **Refrigerators or Microwaves** (provided)
- **Hot Plates, Toasters, Toaster Ovens, Grills, Or Other Open Flame or Heating Coil Devices**
- **Water Kettles** (A hot and cold-water dispenser is provided on each floor)
- **Flammable Decorations Including Natural or Artificial Christmas Trees**
- **Halogen Lamps**
- **Pets or Animals of Any Kind**
- **Weapons of Any Kind** (Including, but not limited to firearms, fireworks, ammunition, knives, swords, or explosives)